

Cage Football Rules

- Each game consists of two teams each with 2 players.
- A goal is only scored when the ball touches the back wall of the goal box.
- A player must be in their opponents' half to score.
- After a goal is scored the defending team must start with the ball in their own half and the scoring team must return to their own half. (The team in possession of the ball does not have to wait for their opponents to be ready before beginning the game again).
- No goal keeping allowed.
- Each game lasts 2 minutes. The winner is the team that scores the most goals in those 2 minutes.
- If the score is even then 30 seconds of 'golden goal' will be played.
- If the score is still even both teams are out.
- If at any point in the game a player performs a 'nutmeg' then that player's team automatically wins, no matter what the time or the score line. (A nutmeg is only completed successfully when the ball is placed between an opponent's legs and collected on the other side by the same player before the ball touches any other player or wall).
- Rules on tackles are the same as normal football games.
- No slide tackles.
- No two-footed tackles.
- No elbowing or shoulder barging.
- No striking opponents.
- No holding onto the cage or opponents to protect the ball.
- Fouls will result in the clock being stopped and opponents returning to their own halves with the fouled player taking possession.
- Referee's decisions are final and will not be discussed!

	TEAM NAME/ #	TEAM NAME/ #
SCORE/RESULT		